

INSTRUCTION SHEET

ALX™ Exo Block Kit / Trustep and Venture / Part No. V XBK

- 1 Remove the ankle bone from the foot. Mount the exo block to the ankle by aligning its anti-rotation pin with the notch on the ankle. Torque the exo mounting bolt to **61 N-m (45-ft lb)**.
- 2 If using the alignable exo option, attach the *Exo Pyramid Tool* (sold separately) to the exo block with the provided retaining bolts. Torque to **15 N-m (11 ft-lb)**.
- 3 Attach 30 mm endo components to the *Exo Pyramid Tool*. Temporarily mount the socket.
- 4 Re-attach the ankle bone to the foot, don the CPI Sock and foot shell, and perform a dynamic alignment.
- 5 Once alignment is complete, remove the foot from the exo block.
- 6 Mount the aligned prosthesis in the transfer jig. Lock the socket and exo block into position.
- 7 Remove the endo components and *Exo Pyramid Tool*.
- 8 Use your desired method to span the exo block to the socket and then remove it from the jig. Shape and laminate to desired finish. Do not remove foam from the top of the exo block.
Note: roughening the exo block foam by using 80-120 grit sandpaper will greatly improve adhesion to both the lamination and foam.
- 9 To mount the foot to the finished prosthesis, re-attach the ankle bone. Apply *Loctite® 242®* to the exo mounting bolt and torque to **61 N-m (45 ft-lb)**.
- 10 To finish, continue re-assembling the foot, don the CPI Sock and foot shell.

For further questions, please contact College Park Technical Service.



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800.728.7950 | 586.294.7950 | college-park.com

MADE IN THE USA

097 INS V XBK 170804



COLLEGE PARK INDUSTRIES

27955 College Park Dr.
Warren, MI 48088 USA



EMERGO EUROPE

Prinsessegracht 20, 2514 AP
The Hague, Netherlands

Australian Sponsor

EMERGO AUSTRALIA

Level 20, Tower II, Darling Park,
201 Sussex Street,
Sydney, NSW 2000 Australia

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